

## DayOne Wellness Privacy Policy

### PRIVACY POLICY

DayOne Wellness (**we, us or our**) are committed to protecting and respecting your privacy, we want you to feel confident when using our website and our services. We'd like you to understand why we collect information and what we do with it so that you have peace of mind.

We are registered as a data controller so you can rest assured that we comply with all of our obligations.

#### INFORMATION WE MAY COLLECT FROM YOU

We may collect and process the following data about you:

**Information you give us.** You may give us information about you by filling in forms on our site or otherwise contacting us. This may include your name, address, e-mail address and phone number, financial and credit card information.

**Information we collect about you.** The only type of information we might collect that you do not provide us with yourself will be technical information including your IP address and information about your visit, including pages you visited and how long you took to look around our site. This sort of information is only ever used by us to help us improve our website and your experience.

#### HOW DO WE USE YOUR INFORMATION ?

We will only ever use information in order to make sure that we provide the best and most appropriate products and services to you, and sometimes that may include letting you know about our other products and services if we think you might benefit from them. We might also need to let you know about changes we make to how we do things and ensure that you are getting the best from us and our website.

#### DO WE EVER SHARE YOUR INFORMATION ?

We will never pass on your details to marketing companies without your express consent because it is very important to us that your relationship with us is secure and personal and the last thing we want is for you to receive unwanted marketing material.

We would only ever share your information with a third party in the rare circumstances of being obliged to do so by the law, if we needed to take advice on providing our products or services to you under these terms or if we sold the business to a third party, this would enable our buyer to continue to offer products and services without interruption to you.

#### WHERE WE STORE YOUR PERSONAL DATA

All information you provide to us is stored on secure servers.

Unfortunately, the transmission of information via the internet is not completely secure but we will do our best to protect your personal data. Once we have received your information, we will use strict procedures and security features to try to prevent unauthorised access.

#### YOUR RIGHTS

You have the right to ask us not to process your personal data for marketing purposes. We will usually inform you (before collecting your data) if we intend to use your data for such purposes. You can exercise your right to

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prevent such processing by checking certain boxes on the forms we use to collect your data. You can also let us know any time if we have sent you something that you are not interested in.

Our site may, from time to time, contain links to and from the websites of our partner networks, advertisers and affiliates. If you follow a link to any of these websites, please note that these websites have their own privacy policies which we are not responsible for so please check these policies before you submit any personal data to these websites.

### **ACCESS TO YOUR INFORMATION**

You have a right of access to the information we hold on your at any time, if you would like a complete copy you should ask us in writing and provide the standard fee of £10 to meet our costs in providing you with the information we hold about you.

### **CHANGES TO OUR PRIVACY POLICY**

Any changes we may make to our privacy policy in the future will be posted on this page and, where appropriate, notified to you by e-mail. Please check back frequently to see any updates or changes to our privacy policy.

### **CONTACT**

Questions, comments and requests regarding this privacy policy are welcomed and should be addressed to **info@dayonewellness.co.uk**